



Whole-school SCARF

SCARF Plan	EYFS Framework	Development Matters	DfE Statutory Relationships and Health Education
Me and My Relationships			
Nursery			
Marvellous me!	✓		
I'm special	✓	✓	Respectful Relationships 4
			Mental Wellbeing 2, 3
People who are special to me		✓	Families and people who care for me 1
Reception			
All about me		✓	Families and people who care for me 1, 2
What makes me special	✓	✓	
Me and my special people		✓	Families and people who care for me 3, 4
Who can help me?	✓		Families and people who care for me 1, 4
			Caring friendships 1
			Being Safe 4,6
			Mental wellbeing 2
My feelings	✓	✓	Mental Wellbeing 2, 3, 4
My feelings (2)	✓	✓	Caring friendships 2
			Mental Wellbeing 2, 3
Valuing Difference			
Nursery			
Me and my friends	✓	✓	Caring friendships 3,
			Respectful relationships 1
Friends and family		✓	Families and people who care for me 3, 4,

			Respectful relationships 1
Including everyone	✓	✓	Caring friendships 2, 3
Reception			
I'm special, you're special	✓	✓	Respectful relationships 4
Same and different		✓	Respectful relationships 1, 7
Same and different families		✓	Respectful relationships 1, 7
Same and different homes	✓	✓	Respectful relationships 1
I am caring	✓	✓	Caring friendships 2, 3
I am a friend	✓	✓	Caring friendships 2, 3
Keeping Myself Safe			
Nursery			
People who help to keep me safe	✓		Families and people who care for me 2, Being safe 5,6
Safety indoors and outdoors			Health and Prevention 2
What's safe to go into my body			Drugs, alcohol and tobacco 1
Reception			
What's safe to go onto my body	✓		Health and prevention 5
Keeping myself safe - what's safe to go into my body			Drugs, alcohol and tobacco 1, Health and prevention 3
Safe indoors and outside			Health and prevention 2
Listening to my feelings	✓	✓	Respectful relationships 8
			Being Safe 2, 3
Keeping safe online			Online Relationships 1, 2, 3, Internet safety and harms 1, 6
People who help to keep me safe			Online Relationships 3, Being safe 4,5,6,7,8
Rights and Responsibilities			
Nursery			

Looking after myself	✓	✓	Healthy eating 1,3
			Health and prevention 3
Looking after others	✓	✓	Caring friendships 2
Looking after my environment		✓	
Reception			
Looking after my special people			
Looking after my friends	✓		Caring friendships 2, 3, 4
			Being safe 1
Being helpful at home and caring for our classroom			Respectful relationships 5
Caring for our world			
Looking after money (1)			
Looking after money (2)			
Being My Best			
Nursery			
What does my body need?	✓		Mental Wellbeing 5
			Physical health and fitness 1
			Healthy eating 1, 3
			Health and prevention 3
I can keep trying	✓	✓	
I can do it!		✓	
Reception			
Bouncing back when things go wrong	✓		Mental Wellbeing 1
Yes, I can!	✓		
Healthy eating	✓	✓	Healthy eating 1,2,3
Healthy mind		✓	Mental Wellbeing 1,2,3,5,6
Move your body	✓	✓	Mental Wellbeing 5, 6, Physical health and fitness 1, 2
A good night's sleep	✓	✓	Mental Wellbeing 6, Health and prevention 3
Growing and Changing			

Nursery			
Growing and changing in nature			Changing adolescent body 1,
When I was a baby			
Girls, boys and families	✓	✓	Changing adolescent body 1,
Reception			
Seasons	✓		Changing adolescent body 1,
Life stages - animals, plants, humans			Changing adolescent body 1,
Life stages: Human life stage - who will I be?			
Where do babies come from?		✓	Respectful relationships 7,
			Changing adolescent body 2
Getting bigger		✓	Changing adolescent body 1,
Me and my body - girls and boys			Respectful relationships 8,
			Changing adolescent body 1, 2