

Curriculum Map: PE



The Curriculum map shows the subject focuses for each year group based on the National Curriculum. Focuses have been selected based on progression in knowledge and skills as well as opportunities for cross-curricular links where possible.

For EYFS, Development Matters and Birth to 5 Matters has been used to demonstrate the early skills covered for each curriculum area as they work towards the statutory ELGs by the end of EYFS in preparation for the National Curriculum in KS1.

PE Strands:

Some units incorporate more than one PE discipline. The PE disciplines are woven throughout the curriculum content we teach.

Basic movements	Team games	Performance
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Yearly overview – Key Themes within Get Set 4 PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE unit 1	Dance	Fundamentals	Gymnastics	Games	Ball Skills
Reception	Introduction to PE unit 2	Fundamentals	Dance	Gymnastics	Games	Ball skills
Year 1	Fundamentals	Ball Skills	Dance	Gymnastics	Invasion Games	Athletics to include sports day
Year 2	Fundamentals	Ball Skills	Dance	Gymnastics	Invasion Games	Athletics to include sports day

Curriculum breakdown overview across school

Term	F1	F2	Year 1	Year 2
Autumn 1	In this unit children will spend time learning basic principles of a PE lesson such as finding space, freezing on command, using and sharing equipment and working individually, with a partner and group. They will	In this unit children will be introduced to Physical Education and structured movement through the topic of 'everyday life'. They will spend time learning basic principles of a PE lesson such	In this unit children will develop skills required in athletic activities such as running at different speeds, changing direction, jumping and throwing. In all athletic based activities children will	In this unit children will develop the fundamental skills of balancing, running, changing direction, jumping, hopping and skipping. Children will be given opportunities to work with a

	take part in activities which will develop fundamental movement skills such as running, jumping, skipping	as safely using space, stopping safely, using and sharing equipment and working individually, with a partner and group. They will take part in activities which will develop fundamental movement skills such as running, jumping and skipping. Children will also play simple games and begin to understand and use rules.	engage in performing skills and measuring performance, competing to improve on their own score and against others. They are given opportunities to work collaboratively as well as independently.	range of different equipment. Children will be asked to observe and recognise improvements for their own and others' skills and identify areas of strength. Children will be given the opportunity to work collaboratively with other, taking turns and sharing.
Autumn 2	In this unit children will develop their expressive movement through the topic of 'everyday life'. Children explore space and how to use space safely. They explore travelling movements, shapes and balances. Children choose their own actions in response to a stimulus. They are given the opportunity to copy, repeat and remember actions. They are introduced to counting to help them keep in time	In this unit children will develop their fundamental movement skills through the topic of 'places and spaces'. Children will develop skills of balancing, running, hopping, jumping, travelling and changing direction. Children will develop fine and gross motor skills, through handling equipment. They will learn how to stay safe using space and understand and follow rules and instructions. They work independently and with a partner to complete tasks.	In this unit children will explore and develop their fundamental ball skills such as throwing, catching, rolling and dribbling with their hands and feet. They will look to perform these skills with increasing control and accuracy using co-ordination and balance. Children will have the opportunity to work independently and collaboratively in pairs and small groups. Children will be able to explore their own ideas in response to tasks.	In this unit children will develop their fundamental ball skills such as throwing, catching, rolling, hitting a target, dribbling with both hands and feet and kicking. They will look to perform these skills with increasing control and accuracy using co-ordination and balance. Children will have the opportunity to work independently, in pairs and small groups.
Spring 1	In this unit children will develop their fundamental movement skills through the topic of 'all about me'. Fundamental skills	In this unit children will develop their expressive movement through the topic of 'places'. Children explore	In this unit children will explore travelling actions, movement skills and balancing. They will	In this unit children explore space and how their body can move to express an idea, mood, character or feeling.

	<p>will include balancing, running, changing direction, jumping, hopping and travelling. Children will develop gross motor skills through a range of activities. They will learn how to stay safe using space, follow rules and instructions and work independently and with a partner.</p>	<p>space and how to use space safely. They explore traveling actions, shapes and balances. Children choose their own actions in response to a stimulus. They also are given the opportunity to copy, repeat and remember actions. They continue to use counting to help them keep in time with the music. They explore dance through the world around them. They perform to others and begin to provide simple feedback.</p>	<p>understand why it is important to count to music and use this in their dances. Children will copy and repeat actions linking them together to make short dance phrases. Children will work independently and with a partner to create ideas relation to the theme. Children will be given the opportunity to perform and also provide feedback, whilst beginning to use dance terminology to do so.</p>	<p>They expand their knowledge of travelling actions and use them in relation to a stimulus. They will build on their understanding of dynamics and expression. They will use counts of 8 consistently to keep in time with the music and a partner. Children will also explore pathways, levels, shapes, directions, speed and timing. They will be given the opportunity to work independently and with others to perform and provide feedback beginning to use key terminology.</p>
<p>Spring 2</p>	<p>In this unit children will develop basic gymnastic skills through the topic of 'animals and their habitats'. Children explore creating shapes, balances, and jumps and begin to develop rocking and rolling. They show an awareness of space and how to use it safely and perform basic skills on both floor and apparatus. They copy, create, remember and repeat short sequences. They begin to understand using levels and</p>	<p>In this unit children will develop basic gymnastic skills through the topic of 'traditional tales', to include 'Jack and the Beanstalk' and 'Goldilocks and the Three Bears'. Children explore creating shapes and balances, jumps and rolls. They begin to develop an awareness of space and how to use it safely. They perform basic skills on both floor and apparatus. They copy,</p>	<p>In this unit children explore and develop basic gymnastic actions on the floor and using low apparatus. Basic skills of jumping, rolling, balancing and travelling are used individually and in combination to create movement sequences. Children are given opportunities to select their own actions to build short sequences and develop their confidence in performing. Children begin to understand the use of levels,</p>	<p>In this unit children learn, explore and develop basic gymnastics actions on the floor and using apparatus. They develop gymnastic skills of jumping, rolling, balancing and travelling individually and in combination to create short sequences and movement phrases. Children develop and awareness of compositional devices when creating sequences to include the use of shapes to include</p>

	directions when traveling and balancing.	create, remember and repeat short sequences. They begin to understand using levels and directions when travelling and balancing	directions and shapes when travelling and balancing.	the use of shapes, levels and directions. They learn to work safely with and around others whilst using apparatus. Children are given opportunities to provide feedback to others and recognise elements of high quality performance.
Summer 1	In this unit children will develop their understanding of playing games through the topic of 'transport'. Children will practise and further develop fundamental movement skills through games. They will also learn how to score and play by the rules, how to work with a partner and begin to understand what a team is, as well as learning how to behave when winning and losing.	In this unit children will practise and further develop their fundamental movement skills through the topic of 'around the world'. Children will learn and develop these skills by playing a variety of games. They will also learn how to work as a team, take turns, keep the score, play against an opponent and play by the rules.	In this unit children develop their understanding of attacking and defending and what being in possession means. They use and develop skills such as sending and receiving with both feet and hands as well as dribbling with both feet and hands. They have the opportunity to play uneven and even sided games. They learn how to score points in these type of games and how to play to the rules. They work independently, with a partner and in a small group and begin to self-manage their own games, showing respect and kindness towards their teammates and opponents.	In this unit, children develop their understanding of the principles of defending and attacking for invasion games. They use and develop skills such as sending and receiving with both feet and hands, as well as dribbling with both feet and hands. They have the opportunity to play uneven and even sided games. They learn how to score points in these types of games and learn to play to the rules.
Summer 2	In this unit children will develop their ball skills through the topic of 'minibeasts'. Children will	In this unit children will develop their ball skills through the topic of	In this unit children will develop skills required in athletic activities such as	In this unit children will develop skills required in athletic activities such as

	<p>develop fundamental ball skills such as rolling and receiving a ball, throwing to a target, bouncing and catching, dribbling with feet and kicking a ball. Children will be able to develop their fine and gross motor skills through a range of game play using a variety of equipment. Children will be given opportunities to work independently and with a partner.</p>	<p>'weather'. Children will develop fundamental ball skills such as throwing and catching, rolling a ball, using targets, dribbling with feet, kicking a ball, bouncing and catching a ball. Children will be able to develop their fine and gross motor skills through a range of game play with balls. Children will work independently and with a partner and will develop decision making and using simple tactics.</p>	<p>running at different speeds, changing direction, throwing and jumping. In all athletic based activities, children will engage in performing skills and measuring performance, competing to improve their own score and against others. They are given opportunities to work collaboratively as well as independently.</p>	<p>running at different speeds, jumping and throwing. In all athletic based activities, children will engage in performing skills and measuring performance, competing to improve on their own score and against others. They are given opportunities to work collaboratively as well as independently. They will learn how to improve by identifying areas of strength as well as areas to develop.</p>
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